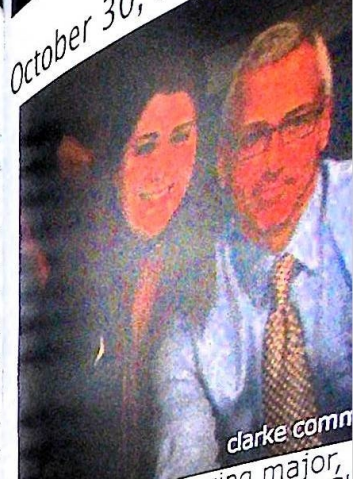


October 30, 2009

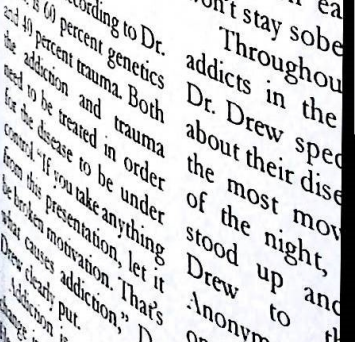


Dr. Drew makes a h
call to Clarke

heidi rhinehart
staff writer

Dr. Drew Pinsky, host of the radio call in program "Loveline" and star of the VH1 show "Celebrity Rehab with Dr. Drew," is passionate about what he does as the Clarke campus saw last Saturday during his Mackin Maltender Lecture on addiction.

Dr. Drew, expert on addiction medicine, took the crowd through the journey of addiction: what it is, why it happens, what to do to fix it. Using examples from the 10,000+ patients he has treated throughout his life, the biology behind addiction, and questions from the crowd, he painted a portrait of the often misunderstood disease of addiction.



...is caused by a
in the drive system.
...addiction to
...from the musical
...Shop of Horrors."
...motivation and
...switched from a
...medium to a drug
...cannot stop.
...Dr. Drew
...is rec-

...for his privilege of medicine said, "There is a disease with a disease make them up their heads."

During this Halloween season filled with horror movies and pranks, Clarke students should keep their imaginations in check. And if all else fails, pull those covers up and remind yourself that it probably couldn't happen...you hope.

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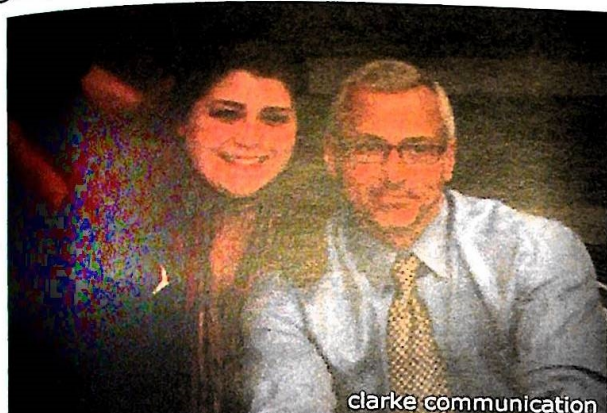
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CAMPUS LIFE

October 30, 2009



Jessica Lange, senior nursing major, poses with Dr. Drew during his appearance at Clarke.

Dr. Drew makes a house call to Clarke

heidi rhinehart
staff writer

Dr. Drew Pinsky, host of the radio call in program "Loveline" and star of the VH1 show "Celebrity Rehab with Dr. Drew", is passionate about what he does as the Clarke campus saw last Saturday during his Mackin Mailander Lecture on addiction.

Dr. Drew, expert on addiction medicine, took the crowd through the journey of addiction: what it is, why it happens, what to do to fix it. Using examples from the 10,000 plus patients he has treated throughout his life, the biology behind addiction, and questions from the crowd, he painted a portrait of the often misunderstood disease of addiction.

Addiction, according to Dr. Drew, is 60 percent genetics and 40 percent trauma. Both the addiction and trauma need to be treated in order for the disease to be under control. "If you take anything from this presentation, let it be broken motivation. That's what causes addiction," Dr. Drew clearly put.

Addiction is caused by a change in the drive system. He compared addiction to Audrey II from the musical "The Little Shop of Horrors." Once the motivation and drive is switched from a healthy medium to a drug, the addict cannot stop.

Recovery, Dr. Drew explained, is reestablishing the emotional state. The addict needs to be taught that closeness is possible, that it is a good thing compared to "trying to manage the unmanageable."

During the Q & A session, Dr. Drew tackled the audience's specific questions about addiction and different drugs. Dr. Drew's position about drugs became clear as

the session went on.

"People say 'Nature intends us to use pot' because we have receptors for it," Dr. Drew said in response to a question about cannabis. "We have opium receptors. Does that mean nature intends us to use Oxycontin?"

He discussed the cultural acceptance of medicine as a cure all. "We pour medicines on psychotic patients," he explains. "However, these medicines are dangerous. Just giving that (depression) a pill doesn't do it."

He went on later in the Q & A to say, "Give an addict drugs; they are the best patients on earth. But they won't stay sober."

Throughout the Q&A, addicts in the crowd asked Dr. Drew specific questions about their disease. In one of the most moving moments of the night, a young man stood up and invited Dr. Drew to the Narcotics Anonymous meeting going on that night in Dubuque. The addict went on to say that Dr. Drew inspired him to seek treatment. In response, Dr. Drew said, "You propel me forward to another day of work."

As the lecture came to an end, Dr. Drew left the crowd with an insight into the motivation for his involvement in addiction medicine. "I have been privileged to see the miracle of recovery," he said. "There is nothing else in medicine where you begin with a diseased human and make them a better person than they were....Me talking up here is empty without the individuals who went through it. Thank you."

Hunger banquet humbles diners

jessi crain
contributor

Clarke students, faculty, and staff joined together last Monday to participate in Clarke's 2nd annual Hunger Banquet. Participants were able to experience the imbalance that exists in the world today by drawing tickets that randomly assigned them to high, middle, or lower income level based on the latest statistics about the number of people living in poverty.

"It was very humbling sitting on the floor and eating with my hands because silverware is normally a given for me," said senior Spanish major Regina Neenan, who was

given a small portion of rice and water to correspond to her low-income status.

The 15 percent of diners in the high-income level were served a satisfying meal on real plates with real silverware. The 35 percent in the middle-income level ate rice and beans on paper plates with plastic silverware.

You really don't know what you've got until it's gone. Something simple like eating with a fork is a luxury that so many people don't have," said freshman communication major Erin Daly.

Math professor Sean Bradley said, "It is good to

be reminded the rest of the world just doesn't have as much as what we take for granted in the United States. After I got home from the Hunger Banquet, my daughter asked which group I was placed in. I told her 'middle income'."

"She said, 'Oh, just like us.' I had to explain that middle income worldwide is really between \$1,000 and \$10,000. That caught us both by surprise. What we consider 'middle class' in Dubuque is 'very wealthy' to the vast majority of people in the world."

Flus on campus continued from page one

distress, runny nose, body aches and headaches.

Athletes who are experiencing these symptoms are not allowed to travel, or if they develop these symptoms while on a road trip, they are required to wear a mask until they return home. Twenty athletes have been out due to illness. Six male soccer players have been unable to practice or travel. "It has been very difficult to plan practice sessions and work on maintaining fluid play," said coach Sean Esterhizen. "Playoffs are just around the corner and we're barely able to field a men's team."

The men's volleyball team is short 11 of 21 players. With their first pre-season tournament on Oct. 31, players are expected to attend open gyms and workouts if possible.

"Our student-athletes were strongly encouraged to seek guidance from the Health Center at the first sign of sickness," said coach Kris Dorn. "We released players from workouts so they could get sufficient rest. Several were moved to the isolation wing or sent home."

With exams and major papers and projects looming, students are less inclined to miss classes or stay home. "I can't get behind in my classes," said freshman Mary Collier. "If I were sick, I'd still go". Students can continue to monitor updates at www.clarke.edu/flu and in their Clarke e-mail. Health services will host a seasonal flu vaccine clinic on Nov. 12 in the Gallagher Lounge from noon-4 p.m. and will cost \$24. Health Services will notify the campus when the H1N1 vaccine becomes available.



DUBUQUE'S
got
SISTERS

Join us for an inside look at religious life!

Are you interested in checking out religious life? Then contact one of these communities to learn more:

Dubuque Franciscan Sisters
Ginny Heldorfer, OSF
heldorfer.osf@dbq.org

Sisters of Charity, BVM
Kathy Carr, BVM or Lou Anglin, BVM
newmember@bvmcong.org

Sinsinawa Dominican Sisters
Jeri Cashman, OP
jeri.cashman@gmail.com

Sisters of the Presentation
Carla Popes, PBVM
vocations@dubuquepresentations.org

clarke courier

ow out of

assessed and can't do anything." Junior communication major Heather Jones believes that college students can overcome these fears. "Really, I just think that college kids put themselves out. They think too hard and let their imaginations run wild." During this Halloween season filled with horror movies and pranks, Clarke students should keep their imaginations in check. And if all else fails, pull those covers up and remind yourself that it probably couldn't happen...you hope.

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CAMPUS LIFE

October 30, 2009

Somebody's watching you: confessions of a creeper

tina fry
campus life editor

Over the past few years, Facebook has become an integral part of the average student's life. It's synonymous with procrastination and gossip, readily providing information about anyone available to whoever searches for it. But what happens when you fail to protect your information from unintended outside sources?

Welcome to the world of a Facebook creeper, whose identity is being kept secret to protect the innocent. In all actuality, s/he has done nothing wrong. S/he isn't breaking any rules, just making the most of the privileges allowed by being friends with many people on Facebook.

But what is the difference between a creeper and a very inquisitive friend? A friend is a person whom you know and see regularly. A creeper adds you after meeting once or twice, if at all. Creepers search your information and find out things about you without you even knowing.

For our creeper, it was a way to see what Iowa was like, as s/he came from quite a ways away. "I waited until I got my Clarke email so I could join that network. Next, I added people who were going to graduate in the same year as me, then I added people a year older and looked through their pictures to see what the dorms, people, everything, looked like."

But to define our creeper in these vague terms doesn't do the person justice. According to him/her: "I began creeping as soon as majority of my friends began getting Facebook. I've only had Facebook for three years, but I've been creeping for two years. I didn't even know it was called

answer is fairly simple. "I like information and knowing what's going on, and I like gossip the most." S/he added "You can learn a lot about someone through profiles. After I add someone, I look at their 'about me' section, then their wall, then their pics."

One sticky subject for our creeper is what happens after people discover her/his little habit. "The people that I told were surprised, but they eventually got over it" said our creeper. "I only tell friends that I've crept on them, never friends of friends."

Sophomore art and theatre major Kayla Damisch is an acquaintance of our creeper. When hearing about his/her method of investigating her Facebook profile, she said that she "accepted the friend request and didn't think much of it. I ended up seeing the creeper at the beginning of last year. I don't really care that the person looked through my pictures. After all, they are public. I think that Facebook is like a big billboard. You shouldn't put anything up that you don't want other people to see."

Kayla even admits to her own secret creeping, especially in the spoon game. She would look at the Facebook profiles of people that she was after for the competition. But in that instance, Kayla decided to be doubly sneaky. "I changed my name and profile picture so I couldn't be stalked by people other than those



creeping until I came to Iowa. I called it 'research beforehand'."

The easiest people for our creeper to stalk are people who have accepted friend requests from him/her. He/she says "but I don't just creep my friends. There are two people that I hardcore Facebook creep that aren't even my friends because their profiles are not set to private. I have people's Facebook statuses sent to my phone so I can monitor them. I feel that if you don't have your profile set to private, you want me to look at your profile, read your statuses, steal your quotes and look at your pictures."

But the real question remains: Why creep? According to the creeper, the

Clarke prepares students for law school

kylee miller
assistant editor

The competition to get into law school is fierce. There are more applications yearly than seats nationwide, but Clarke is helping students who wish to attend law school by helping them attend law school forums.

Six Clarke juniors and seniors attended the Chicago Law Forum at the McCormick Convention Center Oct 17. Earlier that week, three students attended a Notre Dame Law School information session and luncheon at Loras College.

"I anticipate that this will become an annual trip as long as there is student interest," said philosophy professor and pre-law adviser Norm Freund.

The forum itself consisted of numerous workshops on topics such as the nature of the LSAT and applying to and paying for law school. Representatives from over 130 law schools across the country were present to talk to students.

Pursuing a career in the law can be difficult. There are over 200 accredited law schools nationwide, but the average class size usually does not exceed 1000 students. The average LSAT score accepted by Notre Dame Law School is 167 out of 180.

Clarke students desiring a legal career have a

number of opportunities through Dr. Freund and the philosophy department.

"We offer general pre-law advising, law forum trips, and classes in symbolic logic, as well as a course in LSAT preparation. This is all in addition to law internships for undergraduates."

A variety of liberal arts majors provide a good background for law school preparation, with the top three by LSAT scores being math, economics and philosophy, according to Freund.

Clarke has no way of tracking Clarke students who go on to law school, but two graduates from last year are currently attending Drake University and the University of Oklahoma law schools. Several of completing their law school applications.

Law school admission requirements include a good LSAT score, a strong GPA, personal statements, and recommendations from professors or employers. The first year of law school includes rigorous core courses in civil procedure, contracts, constitutional and criminal law and legal writing.

In addition, law school can be extremely expensive to students who are oftentimes already paying

off undergraduate student loans.

"The law forum really helped me," said senior communication major Heather Haas. "I was able to ask law school representatives about their schools, what the campus is like, and how they structure their three years at law school."

Haas is interested in family and child law. She plans on applying to UW-Madison, Drake, or the University of Iowa law schools. "The LSAT does make me nervous, but I also took the GRE so I am looking at a master's program as well."

"Clarke has provided me with a good education and teachers that continue to challenge me," said Haas. "I have been given good resources and opportunities such as the law forum."

A representative from Drake University School of Law will host an informal luncheon in the Clarke Rare Books Room on Nov 4. Students who are interested in pursuing a career in law should contact Norm Freund at norm.freund@clarke.edu.

October 30, 2009
Costume

It's happened before and it'll happen again. Halloween too many people realize the moment that they have forgotten to dress. For college kids, it's much worse than the whole budgeting thing. Most just give up on the play on words (aka "chick magnet" and "chickens to their clothes"). What the major costumes fail to notice, however, is that, in the end, there is a wide variety of inexpensive costumes that can be created in minutes. One costume would be Monk, from the TV show "Monk." All that is needed is a suit or a sweater, a tendency to fret over tidiness and germ phobia, and a fairly simple: N. Bella from "Twilight" is fairly simple: (compl. long brown hair, a pale appearance (compl. of white powder) and a plaid shirt will do the trick. Another idea would be Dr. House, from the Fox show "House MD." Needed for this: eyeliner, a stethoscope, a convincing 5 o'clock shadow, a creepy pull bottle with label "VICODIN," a can of hair spray (if no cane can be found), jeans and a baseball cap. A certain level of sarcasm is also recommended. Kanye West is getting old, but he can easily be recreated. Sunglasses and a fake mic are all that are required. Well in conjunction with a Taylor Swift costume, but with impeccable timing, Kanye can be recreated for any other costume by interrupting the song. The most entertaining costumes seem to be created and brought up on your own. Simple props can transform one into a pizza delivery person. Other unique interpretations, a truck driver, for example, this job are a baseball cap (the dirtier the better), a pair of jeans and a pair of sneakers. A variety of news superherocostumes with costumes.

Clarke students desiring a legal career have a number of opportunities through Dr. Freund and the philosophy department. "We offer general pre-law advising, law forum trips, and classes in symbolic logic, as well as a course in LSAT preparation. This is all in addition to law internships for undergraduates." A variety of liberal arts majors provide a good background for law school preparation, with the top three by LSAT scores being math, economics and philosophy, according to Freund. Clarke has no way of tracking Clarke students who go on to law school, but two graduates from last year are currently attending Drake University and the University of Oklahoma law schools. Several of completing their law school applications. Law school admission requirements include a good LSAT score, a strong GPA, personal statements, and recommendations from professors or employers. The first year of law school includes rigorous core courses in civil procedure, contracts, constitutional and criminal law and legal writing. In addition, law school can be extremely expensive to students who are oftentimes already paying off undergraduate student loans. "The law forum really helped me," said senior communication major Heather Haas. "I was able to ask law school representatives about their schools, what the campus is like, and how they structure their three years at law school." Haas is interested in family and child law. She plans on applying to UW-Madison, Drake, or the University of Iowa law schools. "The LSAT does make me nervous, but I also took the GRE so I am looking at a master's program as well." "Clarke has provided me with a good education and teachers that continue to challenge me," said Haas. "I have been given good resources and opportunities such as the law forum." A representative from Drake University School of Law will host an informal luncheon in the Clarke Rare Books Room on Nov 4. Students who are interested in pursuing a career in law should contact Norm Freund at norm.freund@clarke.edu.

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CAMPUS LIFE

5

October 30, 2009

Costumes on the Cheap

tina fry
campus life editor

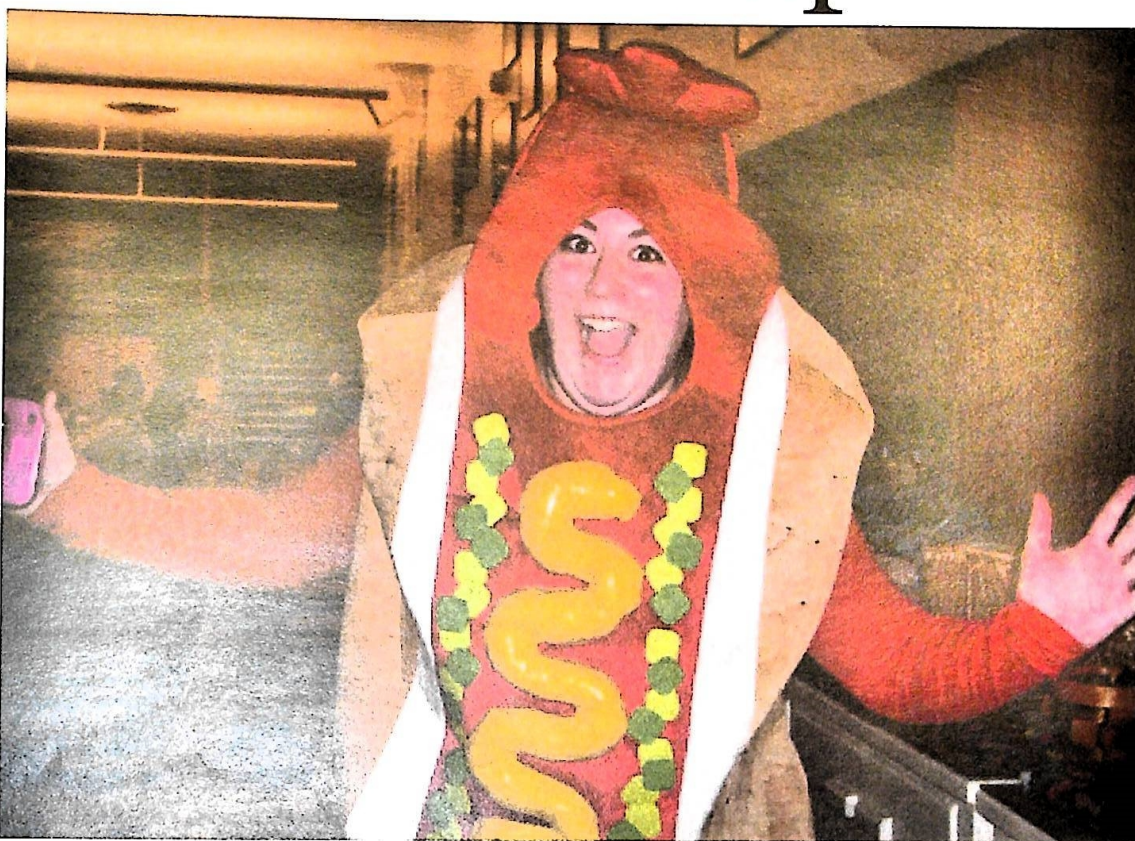
It's happened before and it'll happen again: Every Halloween too many people realize at the last moment that they have forgotten to get a costume. For college kids, it's much worse (there's the whole budgeting thing). Most just give up or go for a play on words (aka "chick magnet" and attach fake chickens to their clothes). What the majority of students fail to notice, however, is that, in the average closet, there is a wide variety of inexpensive yet unique costumes that can be created in minutes!

Celebrity or character costumes are very popular right now. One costume would be Monk, from the TV series "Monk." All that is needed is a suit or a blazer and a tendency to fret over tidiness and germs. For women, Bella from "Twilight" is fairly simple: Mussed long brown hair, a pale appearance (compliments of white powder) and a plaid shirt will do the trick.

Another idea would be Dr. House, from the FOX TV show "House MD." Needed for this: eyeliner (when smudged on, makes a convincing 5 o'clock shadow), empty pill bottle with label "VICODIN," cane (or limp, if no cane can be found), jeans and a band T-shirt. A certain level of sarcasm is also recommended.

Kanye West is getting old, but he can easily be pulled off. Sunglasses and a fake mic are all that are required. Works well in conjunction with a Taylor Swift costume, but, with impeccable timing, Kanye can ruin the spotlight for any other costume by interrupting at important moments.

The most entertaining costumes seem to be ones that are completely new and thought up on your own. Simple props can take on a life of their own for Halloween. An unused pizza box, pad of paper, baseball cap and name tag transform one into a pizza delivery person. Other professions offer a number of unique interpretations, a truck driver, for example. The only items needed to embody this job are a baseball cap (the dirtier the better), large belt, slightly wrinkled oversized shirt, pair of jeans and a pair of boots. CB lingo is optional. A wide variety of news superhero costumes with customized powers are always fun



Senior Jessica Lange dressed as a hot dog for annual Halloween Pancake Breakfast. Photo by Tina Fry.

(ex. holding an empty can of coffee and a mug while having a crazed look on face makes anyone "The Caffeinator," a new hero who brings energy to the masses).

When all else fails, embodying chaos is a popular thrown-together costume. This can be achieved by mixing and matching contrasting shirts, pants and accessories. Props and wacky clothes make the outfit work.

When it comes down to it, the main point of Halloween costumes is to explore what you enjoy and what you have to work with. Nobody will remember the umpteenth person seen wearing a vampire costume, but not a single person will forget a costume only worn by one person: you.

Dia de los Muertos comes to Clarke

kylee miller
assistant editor

Dia de los Muertos, "Day of the Dead," will be celebrated on campus this year during Halloween week. The holiday is a celebration for Latin Americans in the United States and regions of Central America on Nov 1 and 2. The holiday focuses on gatherings of family and friends to pray for and remember friends and family members who have died.

"This holiday is special because it's a time to remember the lives and memories of your deceased loved ones, and celebrate the time they had here on earth with you," said sophomore Claudia Jaramillo.

On Monday, Oct 26, the Latin American Student Organization (LASA) and the Spanish department set up a traditional altar in the SAC. Students were encouraged to leave messages for their deceased loved ones on a memory board near the chapel.

"Every year we try to change some of the activities that we include based on the interests and abilities of those who are involved in the planning," said Evelyn Nadeau, assistant Spanish professor. "Claudia knew of a memory book in which messages to those who have died can be left. She spoke to Sister Amy Golm about incorporating this into Campus Ministry's recognition of All Souls Day."

Claudia also added, "My favorite part is celebrating the life of those who made an impact on my life like my paternal grandma, my aunts, and my dog." Other events include a showing of "La Muerte Viva" on Thursday and sugar skull decorations on Friday. Students can also make traditional candy earrings and wristbands.

On Nov 2 at 4 p.m. there will be a discussion in the SAC for all students to enjoy.

clarke courier

Clarke athletes trick or treat for kids

samm mammoser
staff writer

The Clarke men's volleyball team and women's soccer team say they had a great time when they dressed up in their Halloween costumes to volunteer at the National Mississippi River Museum and Aquamarine on Sunday, Oct. 25. Volunteers handed out candy to the children who walked through the "spooky" boat (The William M. Black) with their families. The trick or treating path curled through the boat decorated with skeleton heads, spider webs, and ghosts.

"I was just going to volunteer because it was mandatory for the team but it ended up being a great time," freshman communication major Tyler Oehmen said. "Jeremy Deweerdt's Obama costume was the best one I saw all night. I had a great time working with the little kids and they loved my Darth Vader costume. I hope next year I can go back and volunteer again."

Joe Kosciw, freshman biology/ physical therapy major from the men's volleyball team, said, "I learned that all the kids in Dubuque really like candy. I had a great time working with them and volunteering. I cannot wait for next year to go back and help the children next fall. It was really cool to give back to the community."

The women's soccer team enjoyed volunteering as much as the men's volleyball team. "I chose to volunteer because it was a team-required activity but the experience was better than any I could have expected," said freshman athletic training/ physical therapy major Jordan Palmer. "Handing out candy to the children was really rewarding and I loved their cute costumes. I am going to suggest that the women's soccer team returns next fall to help out again."

Senior psychology major Becca Bradford said, "As a team we feel that it is important to be active in the community. The town of Dubuque is supportive of Clarke and we wanted to give back to show thanks. Volunteering for the trick or treating event was a fun way to give back. The kids were having a great time. It feels good to help out others."

ARTS ETC.

October 30, 2009

REVIEW: Another knockout in the Fight Night Franchise

aaron rhomberg
sports editor

The greatest fighters of the past meet the new generation in EA's "Fight Night Round 4." In the game players can create dream matches that could not have happened in real life. One that many fans have enjoyed is the showdown between Muhammad Ali and Mike Tyson. This fight is interesting because it reflects a period when both men were in their prime.

Another great aspect of the game is the number of fighters the player can choose from. The roster includes new fighters such as Miguel Cotto, Victor Ortiz, Yuriorkis Gamboa and Kermit Cintron. Then there are classic fighters: Roberto Duran, George Foreman, Joe Frazier, and Sugar Ray Leonard. The detail for each fighter is amazing, and at times it feels as if you are watching a real fight. From the sweat flying off your opponent's face to the flashing of the cameras when the boxers are going for the knockout, you feel the realism of the sport. ESPN commentators Joe Tessatore and Teddy Atlas provide commentary. The venues in the game are ones that fans will be familiar with. Some include the MGM Grand, Staples Center, and Atlantic City Boardwalk. These locations will have fans living their fantasies of competing on

the biggest stages in boxing today.

However, the most exciting part of the game is the legacy mode. In this mode players are able to create their own fighter. Along with this feature, different brands of boxing equipment are also available: brands such as Everlast, Grant, Lonsdale, and Nike are at your disposal.

Another great feature is that you can take a picture of your face and scan it on to a boxer's body. It is amazing to see the bruises and black eyes on your personal fighter, a feature that has not been part of any previous fighting game. Uploading your music for your fighter's walkout adds to establishing your fighter's legacy.

There are a couple of drawbacks that prevent "Fight Night Round 4" from becoming a perfect boxing game. First, is the mini games in the legacy mode. They are used for training purposes to get your fighter stronger,

but at times become difficult to complete resulting in a low score. Another problem that many fans are having is the control buttons that at times frustrate the player. When throwing punches or blocking, the player has to use the analog controls, and while it is a new way to control your punches, at times the boxer doesn't throw the punch you expect and that can result in getting stunned by the opponent or knocked out. Finally, the biggest nuisance of the game is that in Legacy mode there is not much to do but train, fight and schedule your next opponent. This can make the game boring and repetitive.

Overall- "Fight Night Round 4" is a game that boxing fans and casual gamers can enjoy, with numerous options for creating the perfect fighter and moving up in different weight classes the game can be entertaining for hours. This is the best boxing game out now, that is until round 5 is created.

Score:
9.5/10



Check out these BOOOOOOOOovies!

justin haas
staff writer

Horror movies have been around since the beginning of cinema. There have been classics, such as "The Shining," "Exorcism," and "Halloween." As we are all aware, however, Hollywood has spit out some terrible scary movies, for example, "The Ring" (just dumb), "The Village", and "Fear Dot Com." In recent years, the Courier has reviewed horror movies that go along with a Halloween theme. However, this year I am going to list my top three scariest movies in the past 10 years.

In my definition a good horror film is based on something that could really occur. Could these events happen in the movie take place in real life? If so, that particular movie just

went to another level because as a viewer I know this could actually happen. "Saw," "Hannibal," and "Blair Witch Project" are my top three horror movies of the past decade.

The first "Saw" film was the best. As years have passed, the series has seen its ups and downs, but up to the point when the first film was released there had not been a horror film of this caliber in years. This movie is based on a mad scientist-like character who puts civilians in torture situations, forcing them to decide how badly they want to live. This film is very gory and very real, making "Saw" one of my favorite films.

In "The Blair Witch Project," three college film students set out to shoot a documentary about an urban leg-

end. The three end up going missing and their film and information are found one year later and turned into a movie. One of the scariest elements of this movie is how real everything is. Using hand-held camcorders and night vision settings made it really seem as though these events actually happened, even if they truly didn't. Love it or hate it, this is one of the scariest movies of the past decade, whether it was fake or not.

My third and final movie is "Hannibal." There has always been an eeriness in the Hannibal series; maybe it is because he eats people or because of the sick and twisted mind he has. Either way, it makes my list because, as we all know, there are some sick people in the world today which,

unfortunately, makes this movie realistic. Hannibal brings a sense of creepiness and suspense to the film simply because, as a viewer, you don't know what to expect next from him. A mixture of gore, suspense, and reality puts "Hannibal" on my list of scariest movies of the past decade.

To me a good scary movie must be believable. If I watch a movie and it has some crazy creature climbing out of somebody's stomach or a phone ringing saying, "7 days," I'm not going to enjoy it. The good ones aren't like this; instead, they have realistic scenes and situations. Simply put, scary movies need to be real to us.

clarke courier

October 30, 2009
Sheilds breaks

kyle miller
assistant editor

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Megan Chitty

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October 30, 2009

SPORTS

Shields breaks 1,000 Kills

kylee miller
assistant editor

Forty-eight kills in the Ashford University Invitational put junior middle hitter into the 1,000 kills club on Oct. 4. Her success reflects the teamwork of the Clarke women's volleyball team and Shields herself.

"She had no idea that she had achieved this mark," said women's volleyball coach Chris Miron. "The fact that she isn't combing over her stats and keeping track of her individual efforts is a comment about her commitment to our team concept."

Ashley is the first woman in Clarke history to join the 1,000 kills club as a junior according to coach Miron. She ranks fourth on the overall ranking with 1,157 career kills, and the season isn't over.

Only 13 Clarke men and women have achieved this record, four in the last five years.

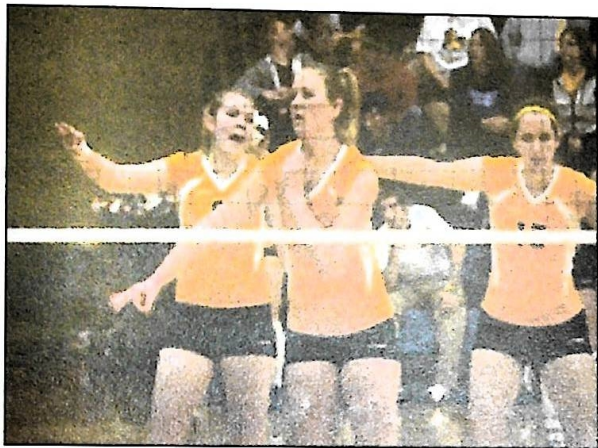
"I think this shows that Ashley is a go-to player," said setter Tina Zielinski. "As a team we support her accomplishment."

Shields has also won many all-tournament awards. This year she won at the Dominican University Tournament and UW-Lacrosse Invitational. In addition she maintains a high GPA as a nursing major.

"I think the awesome passes and sets really helped me to get a thousand kills this early," said Shields. "Coming from a state team in high school, I had a lot of confidence coming in as a freshman and I think the multiple opportunities I have been given have allowed me to get this far."

Freshman Mary Collier said, "Ashley is a great person to play next to on the court. She is always positive and optimistic. She gives credit to the people who deserve it. And she loves to run crazy plays and switch positions with me in the middle of practice."

One thousand kills is only the beginning of Shields' goals. "We're going to win a conference game this year and play really well in playoffs. I defiantly think I can reach the overall career kill mark before I graduate, especially with all the support of my team and my mom."



Ashley Shields (center) along with teammates Bridget Bowman and Mary Collier points out blockers.



Women's volleyball digs for a cure

kylee miller
assistant editor

Clarke women's volleyball team will be digging for more than just points this Monday. The ladies will be raising money to help support the fight against cancer by digging for a cure.

This event has special significance for one particular player. Jill Severding's father was diagnosed with cancer earlier this fall. "I like the idea that we're using our service project to do something so helpful," said Severding. "Cancer is not a disease that effects just one person. It affects a whole family."

The women's team will be wearing pink uniforms when they play Ashford University in their last home match of the season. In addition they will be collecting donations throughout the week. All proceeds will go to the American Cancer Society to help find a cure. The sophomore class is also selling pink and black shirts to have a pink out during the game. Pink ribbons will line the top curtain with the names of players' friends and family who have or are recovering from cancer.

Fund raising for cancer through volleyball is not a new idea. Dig Pink is a nation wide breast cancer awareness rally held all of October to raise awareness and funds. It is run by the Side-Out foundation, which supports health care professionals in their pursuit of solutions for people living with this disease. The foundation's goal is to raise over \$1 million and to have a thousand colleges participate in a fundraising night. The National Cancer Institute estimates that one out of every eight women in the United States will have breast cancer in her lifetime.

The team played at Loras College last Wednesday at Loras' Dig Pink night and wore their pink uniforms when playing UW- Lacrosse. Lacrosse's head coach was diagnosed with cancer earlier this year.

"We conducting our service project in coordination with National Breast Cancer Awareness Month," said coach Chris Miron. "We have contacted various clubs and organizations providing an open invitation to them, asking them to join us by creating and displaying an informational bulletin board regarding cancer research information."

Any students interested in helping out can contact Coach Miron at 588-6304 or email at chris.miron@clarke.edu. Students looking for support or help when dealing with a family member with cancer should go to <http://www.cancernews.com/support.html>.

clarke courier

Megan Chitty sets record

aaron rhomberg
sports editor

For athletes playing a sport they have a passion for it can help them if they set goals to accomplish for the season. Sometimes they meet or exceed those expectations, while other times they fall short. Megan Chitty, a freshman majoring in nursing, set a record for the women's golf team by obtaining a score of 76 on an 18-hole course.

"I was really happy I put two nine rounds together," she said.

To prepare, Megan did what any other athlete would do: She went out to the driving range and practiced. "I had received a new set of clubs and went to the range to get the feel of the new ones," she said. The interesting part of her record-breaking score was that the

new clubs gave her trouble a few games back. For a while Megan was contemplating using her old set of



clubs. "I decided to wing it with the new clubs; I didn't think I would do well, but then I was carefree."

Another victory for the golf team was its win over both Mount Mercy and St. Ambrose. St. Ambrose is

a nationally ranked team, and Megan said that one of Coach Rick Arrington's goals was to knock off a national team. "It was great that we not only won but to have beaten a national team and do it so soon was amazing," she said.

While recognition affects people in different ways, Megan insists that she has not developed a big ego. She emphasized that by setting this record it reaffirmed her hopes for doing well.

"When I started, I was expecting to not do well, but when I got better, I was able to get my hopes up," she said. "Now I have gone back to my old expectations of trying hard and doing my best."

clarke courier

Score:
9.5/10

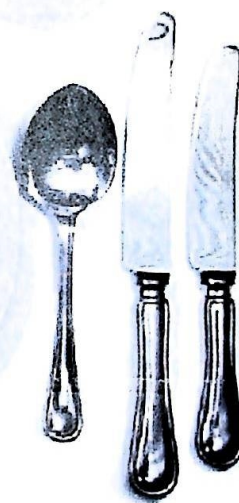
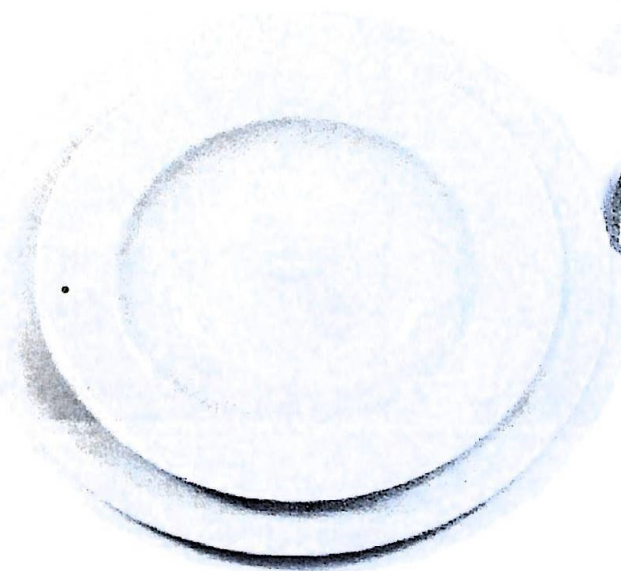
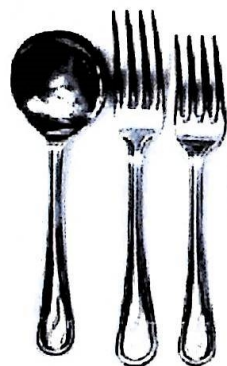
Movies!

Fortunately, makes this movie...
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October 30, 2009

EXTRAS

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CO
 November 20, 2009

campus life



On his way out, Ben gives advice to underclassmen

arts etc.



'New Moon' premieres with boos and cheers

sports



Fall seasons ends as men's bb warms up

weather



Partly Cloudy
 High 55 Low 40